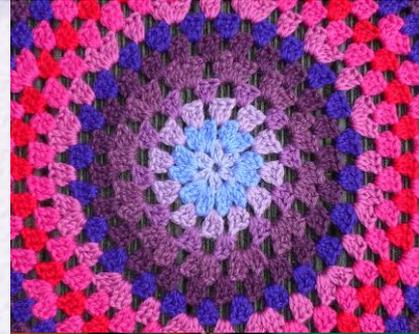
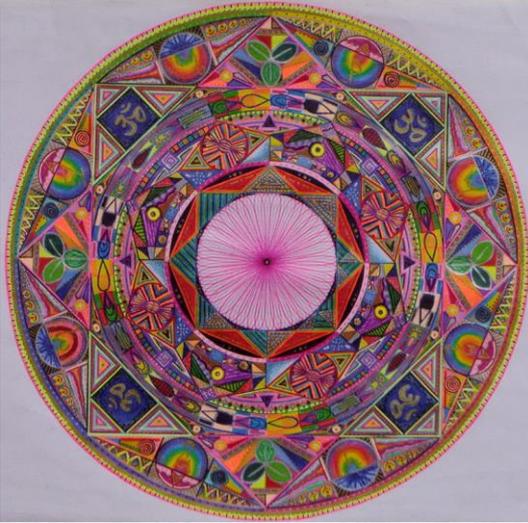


# Mandala Design



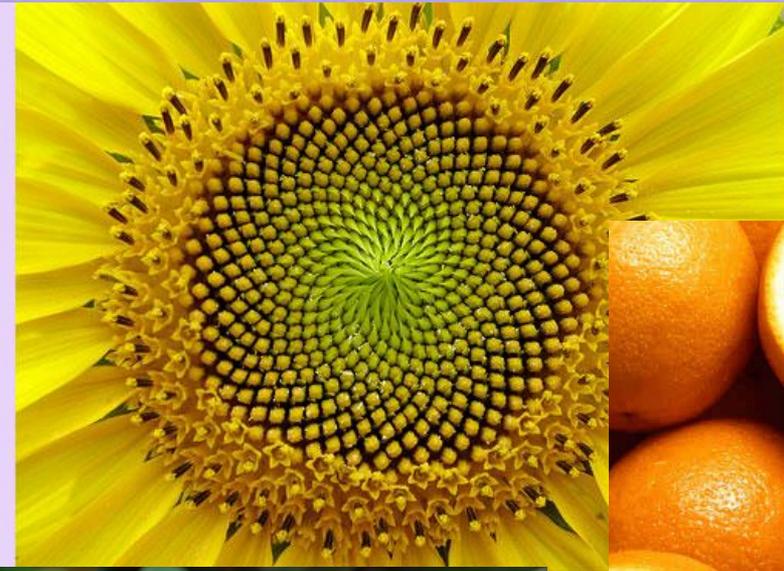
# What is a Mandala?



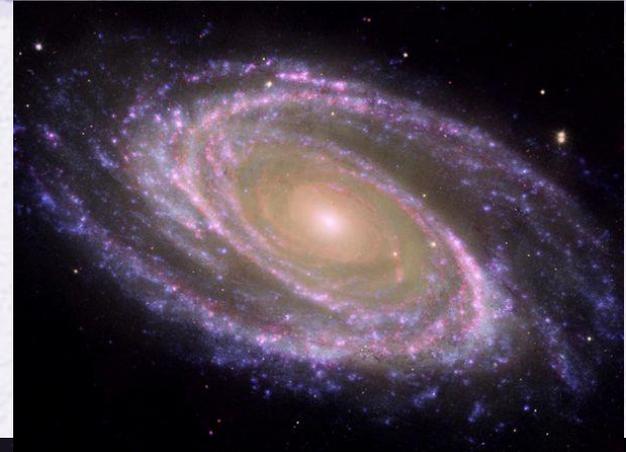
History: The word mandala is a Sanskrit word meaning "sacred circle," or more elaborately "container of essences". Mandalas as an art then are most often circular, though some are square, or a combination of the two. They incorporate the use of colors, shapes, symbols, symmetry and repetition to aid in ordering and focusing one's life, and therefore facilitate healing.

- Mandalas are used in psychology and art therapy as ways of centering and balancing oneself, helping to achieve maximum well-being. It is recognized as a meaningful reflection of the creator.

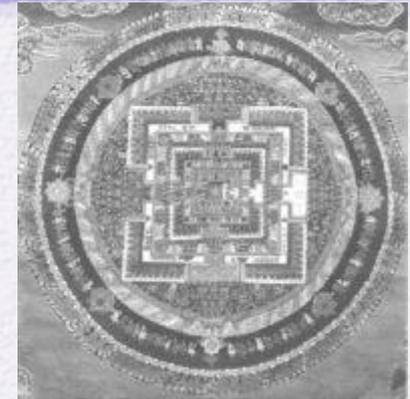
Mandalas can be seen frequently  
in nature.



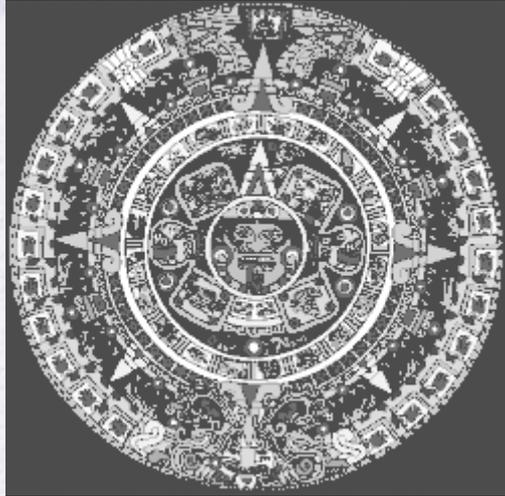
Mandalas are seen even on the largest of scales.



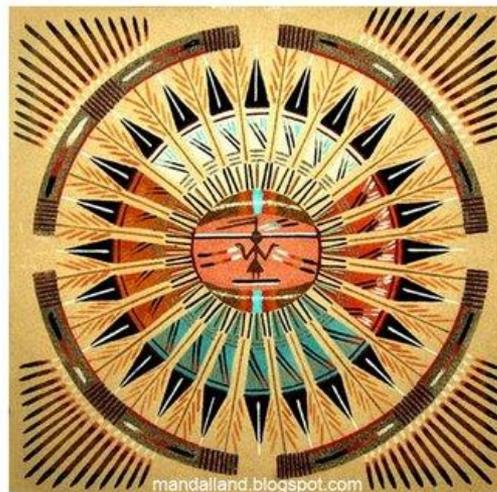
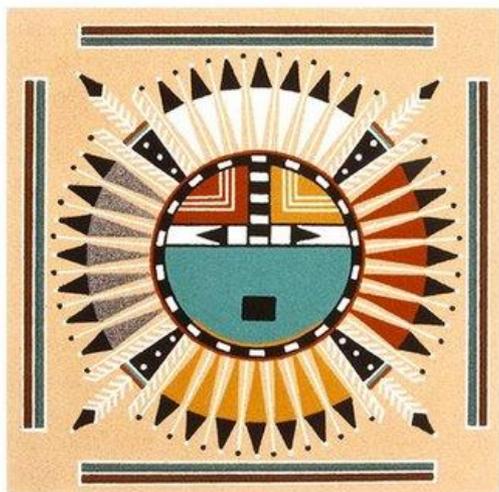
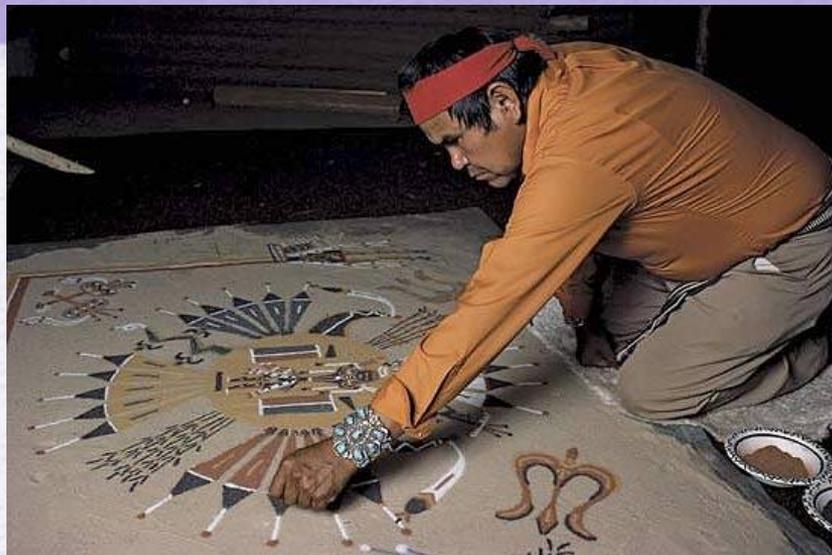
# Hindu Mandalas



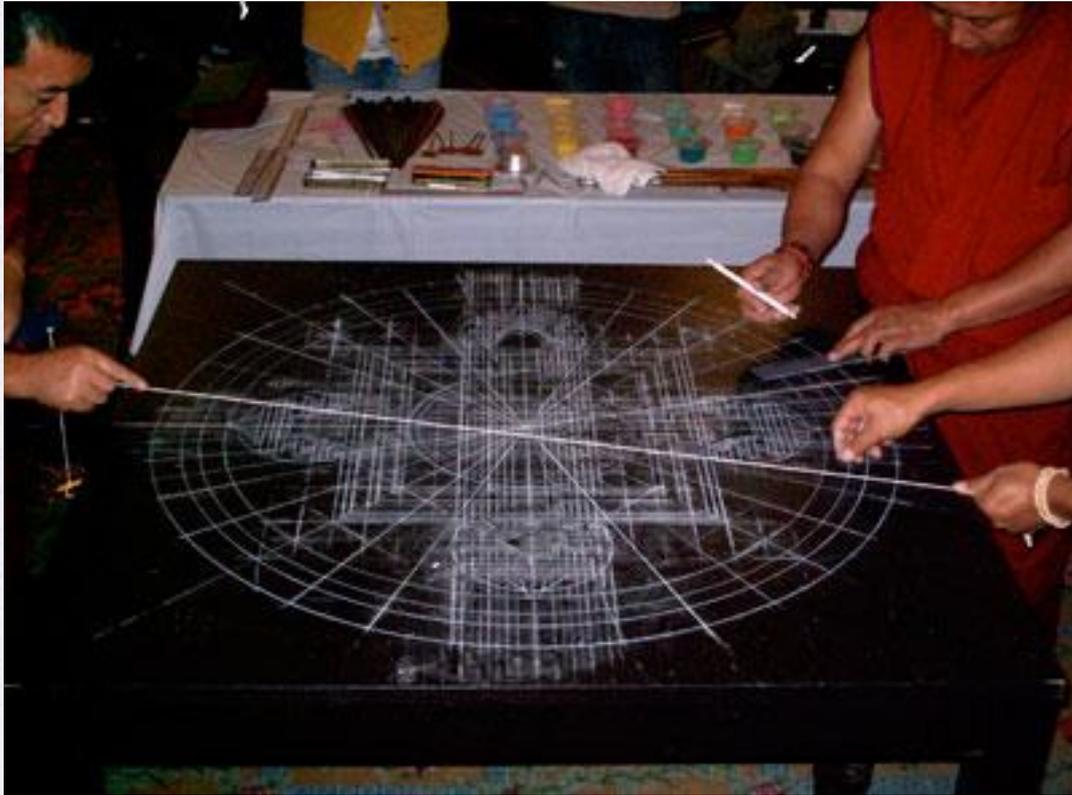
# Aztec Mandalas



# Navajo Mandalas



Tibetan monks create sand Mandalas with spiritual intent. They are meditative visualizations that are believed to take on mystical meaning.



Measuring the chalk grid lines for the foundation of the mandala. Based on sacred geometry designs.

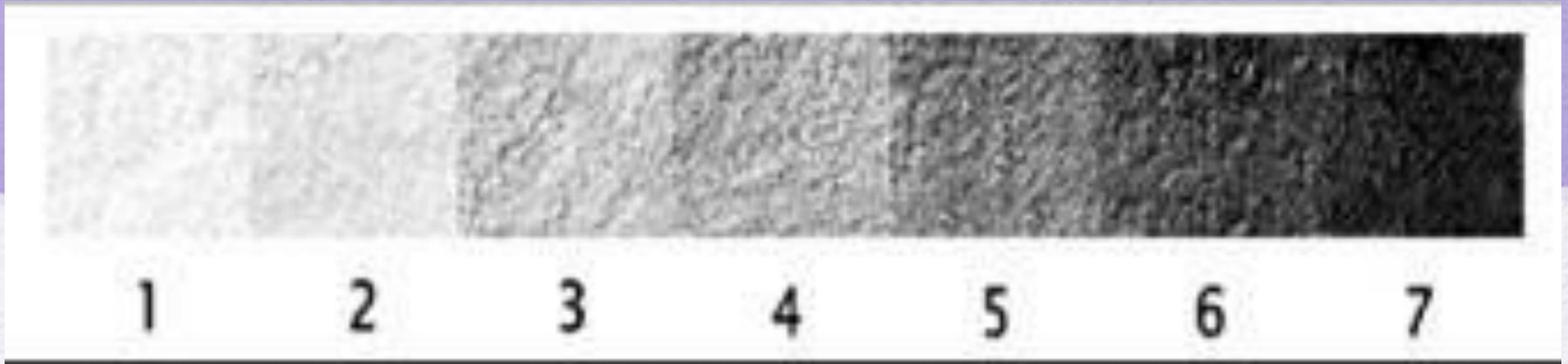


Slow process of tapping the colored sand in the precise place.

# Watch out for mandalas in advertisements and designs.







You will be creating your own  
Mandala designs using the  
value and shading skills you've  
been practicing.



# Criteria

- 1. Unique Mandala Design (pattern, repetition, detailed, shows depth)
- 2. Balanced, evenly spaced, design is radial
- 3. Symmetrical Design (2 lines of symmetry)
- 4. Color scheme used appropriately (3-4 colors)
- 5. Shading (min. 3 shades, contrast, blended, no gaps)
- 6. Craftsmanship (effort, care, no pencil lines)

# Student Examples



Minimum 3 shades

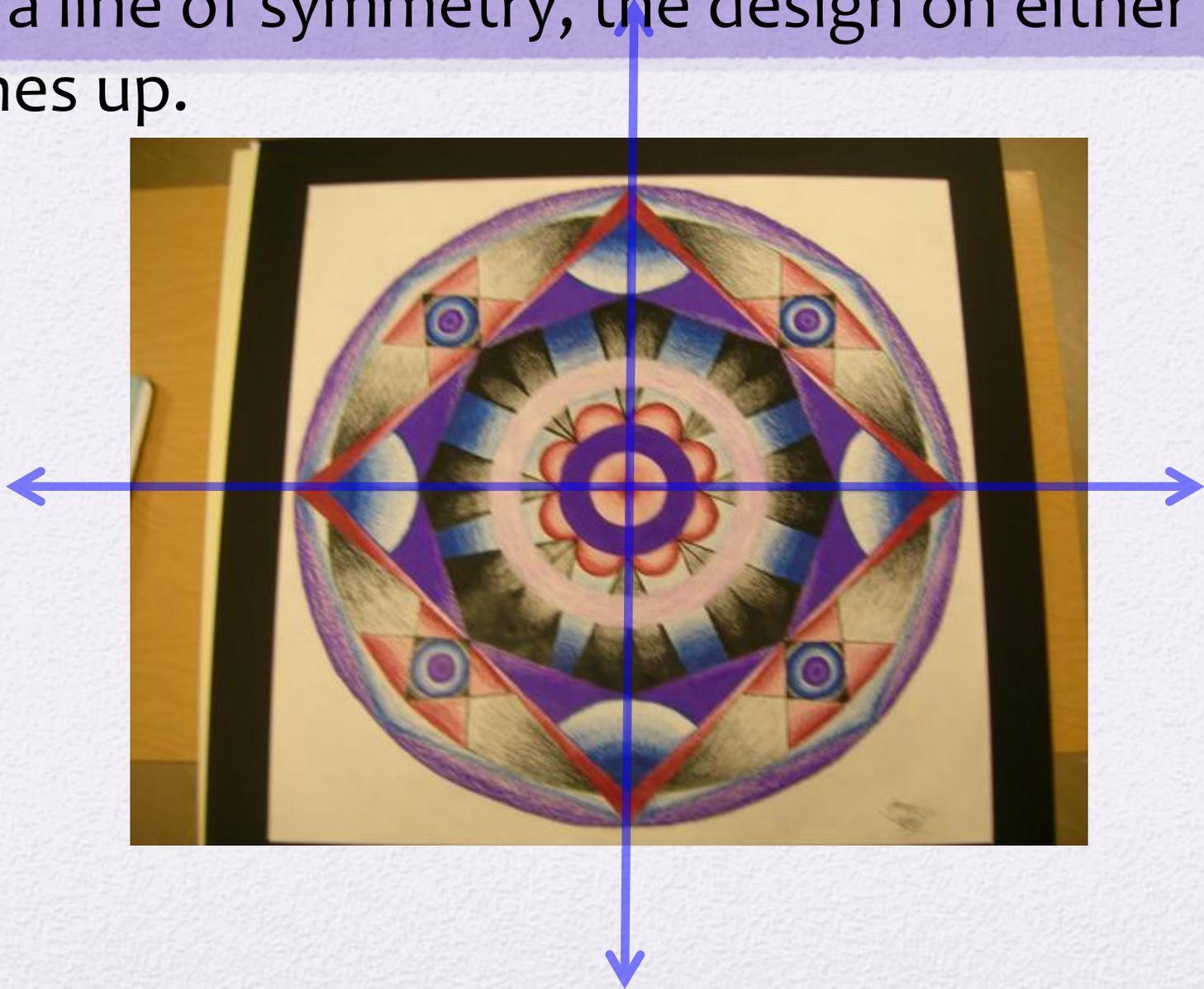
Light

Medium

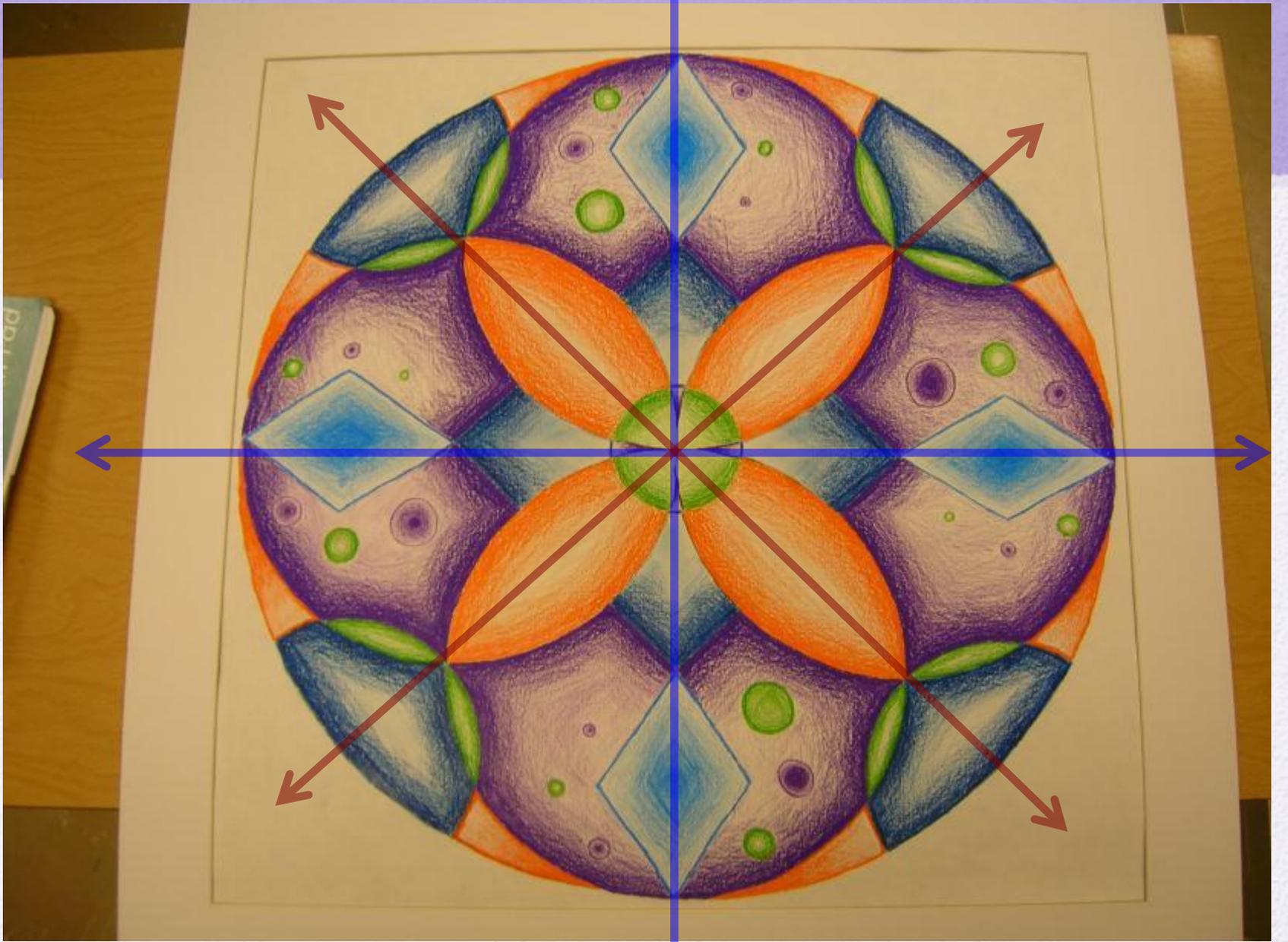
Dark



Lines of symmetry: your design needs to include at least two-most contain more than that. If you fold along a line of symmetry, the design on either side matches up.



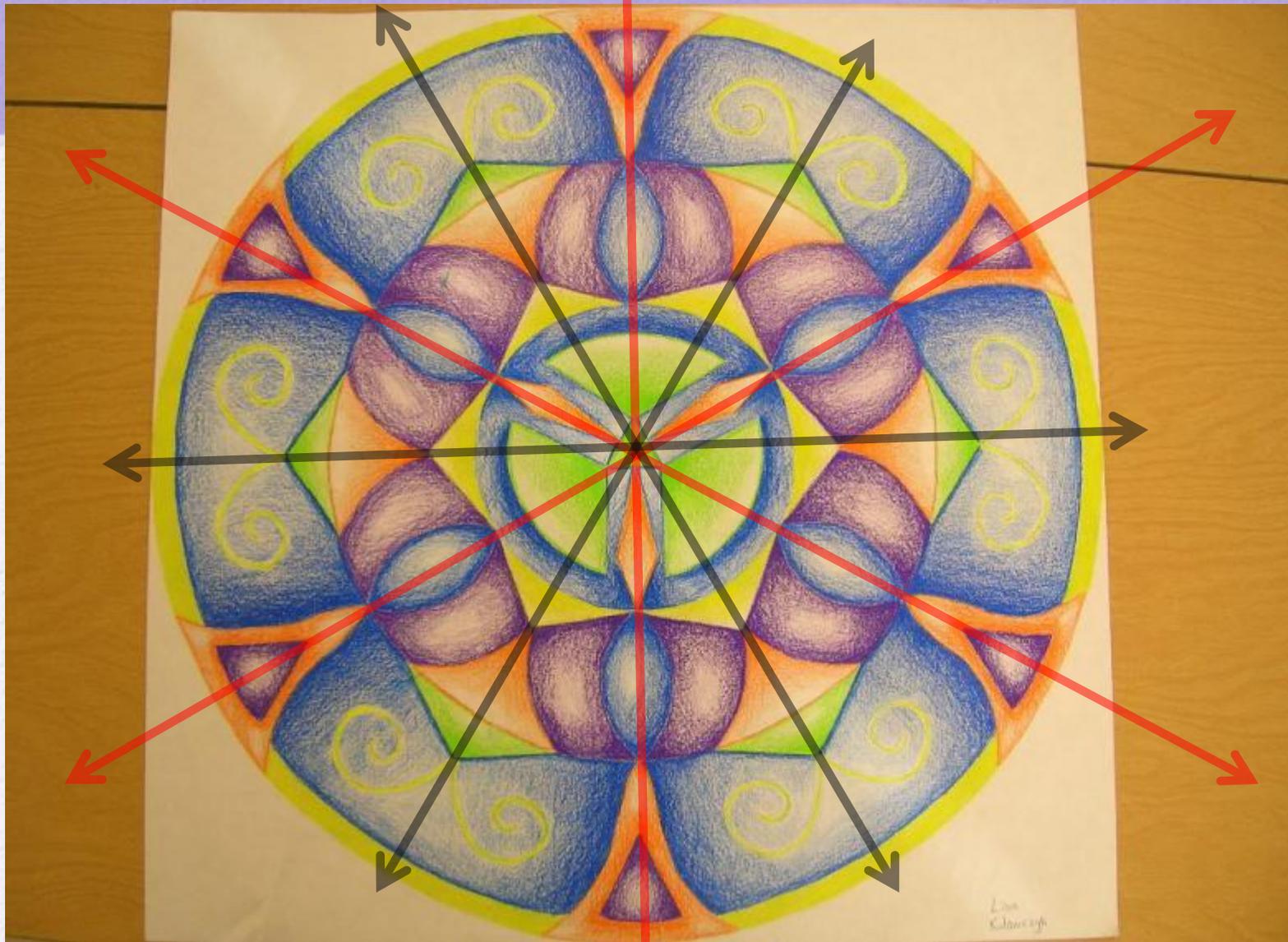






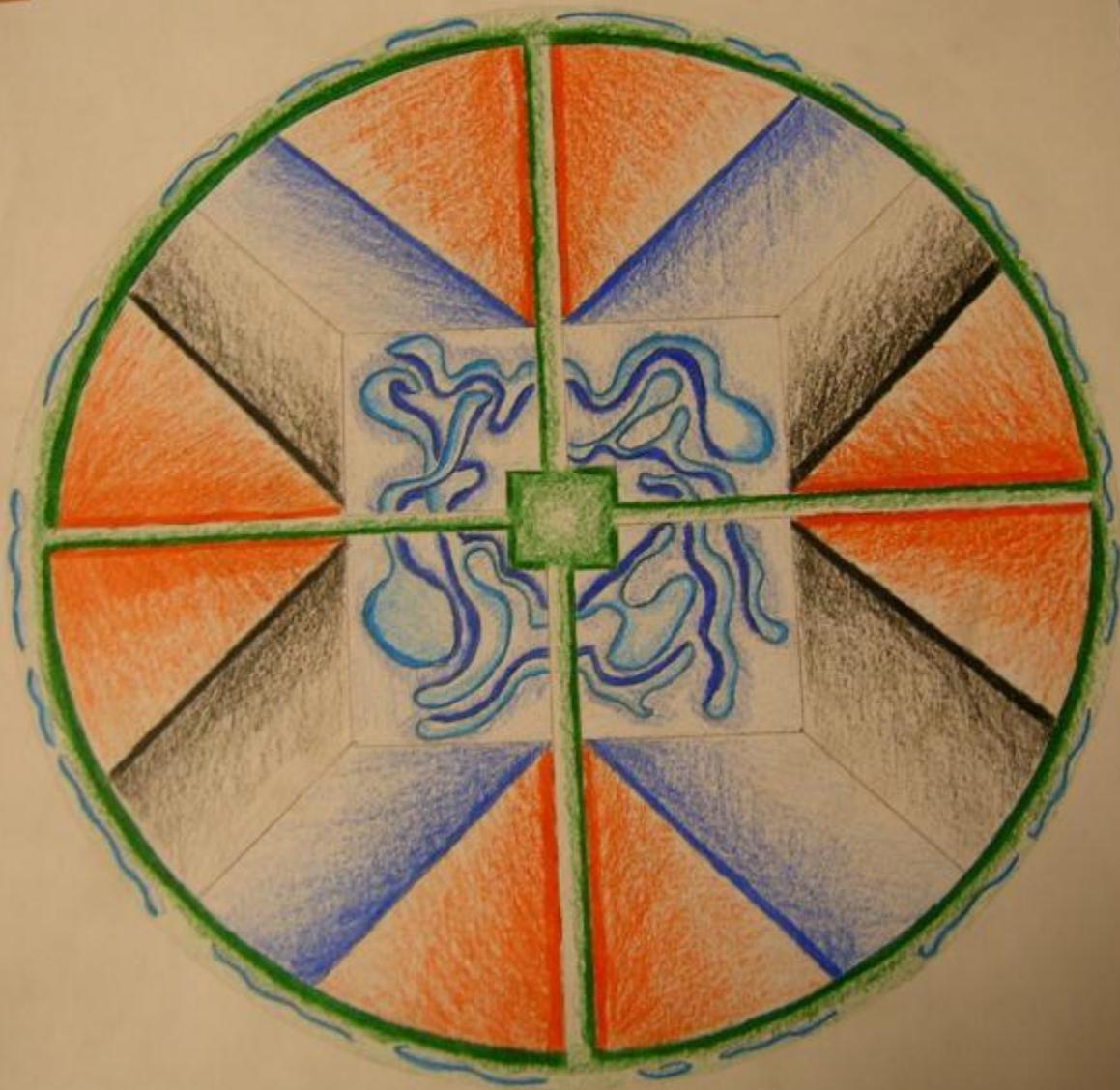
Designs are balanced, evenly spaced, and radial











D. D. How

Radial design: lines or shapes that radiate outward from a central point in a circular fashion.



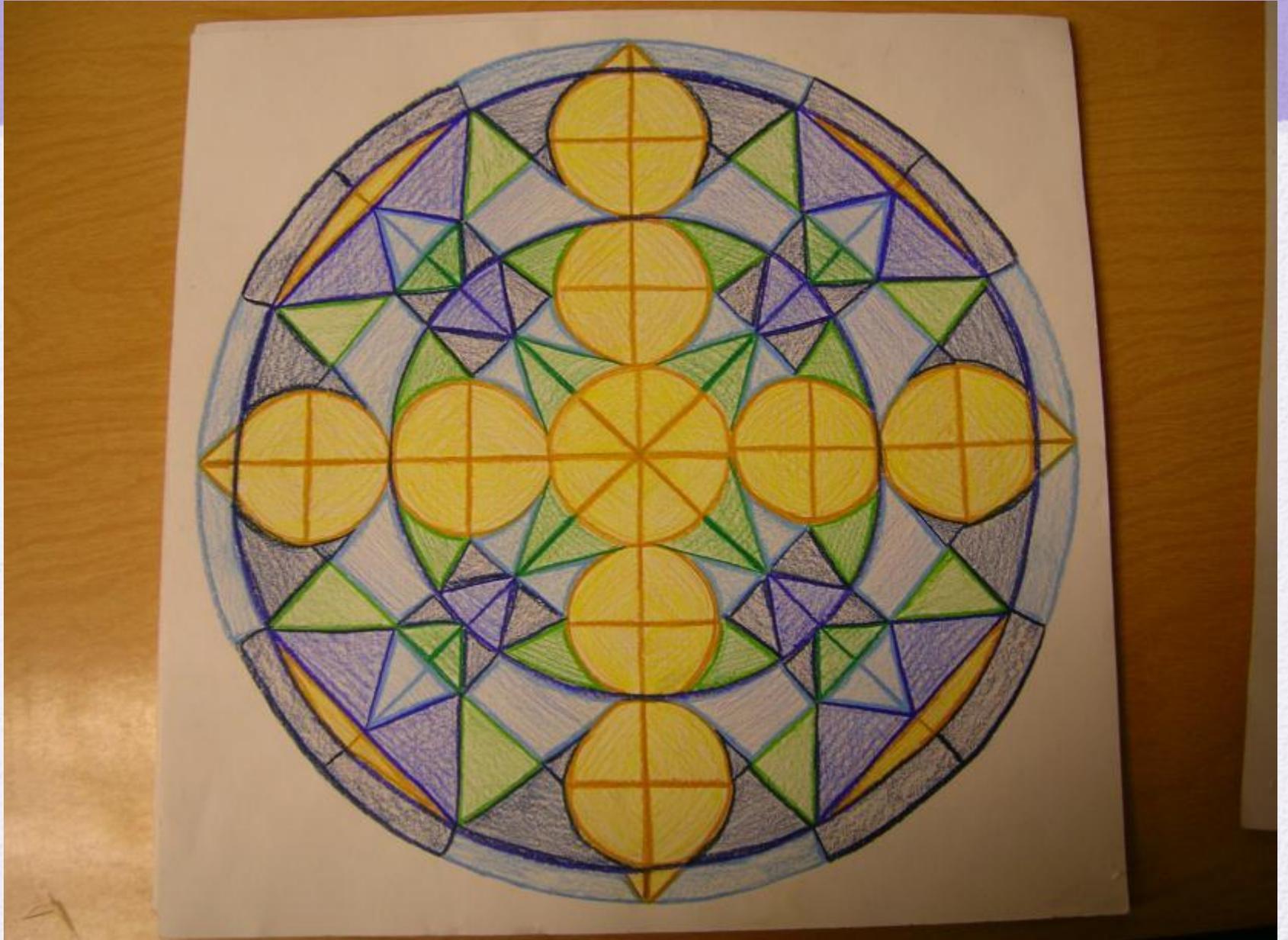
Needs more value differences (lights and darks). Did not measure.



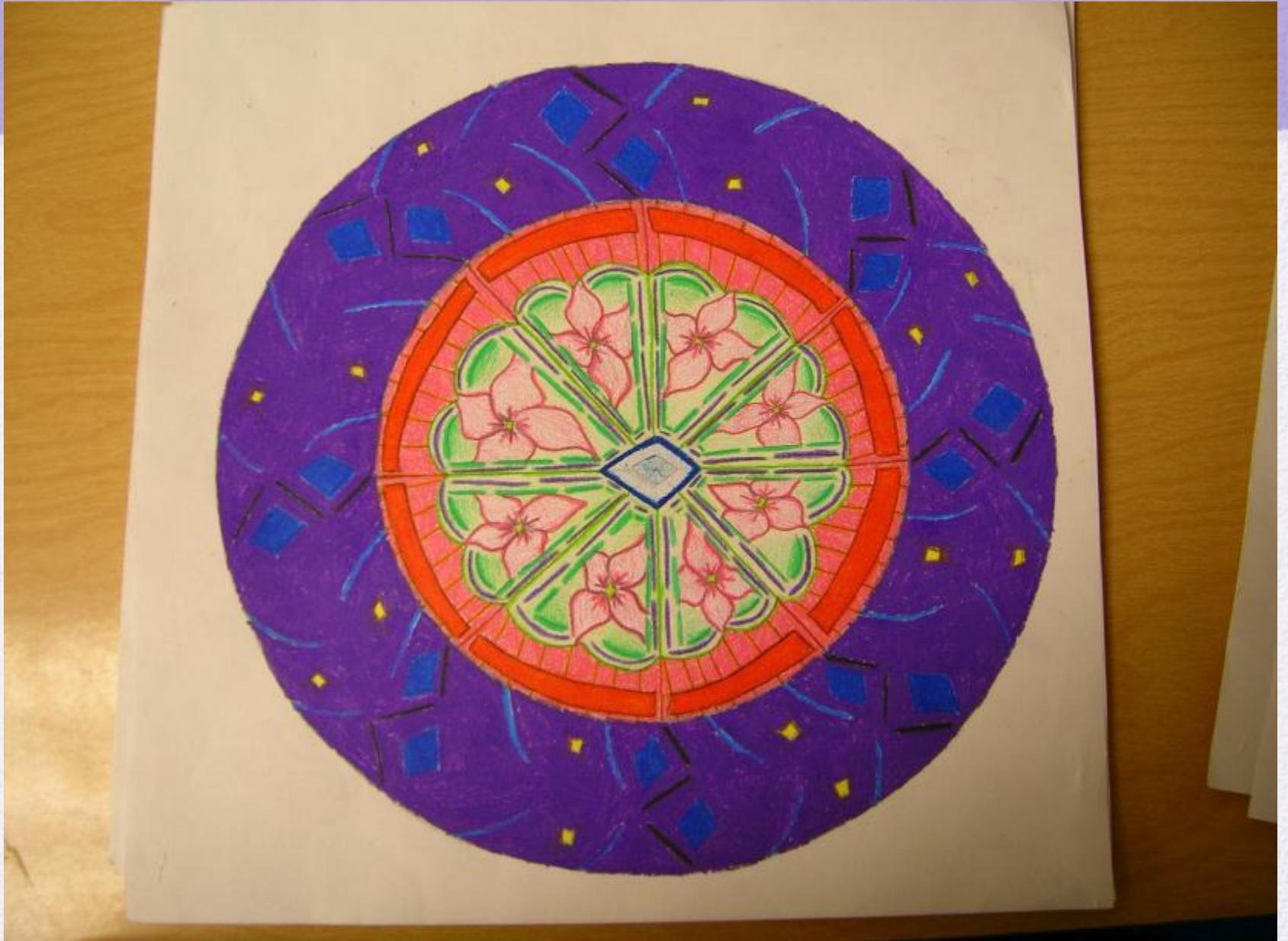
Values don't match up when folded along lines of symmetry.



No value differences. White gaps in shading.



No value differences. Off-center (not measured).





Not radial. Background design is linear.



No value differences. Off-center. Not measured.



You will complete 2 rough drafts. You will discuss them with the teacher before beginning your final project.

